Yellow-Spotted Night Lizard Care Guide

Lepidophyma flavimaculatum

Arrange tight forest-floor retreats across a moisture and temperature gradient. The common name Yellow-Spotted Night Lizard refers to a Central American species, not a European lizard; its activity is more complex than its name suggests.

Species Profile

Common name: Yellow-Spotted Night Lizard

Scientific name: *Lepidophyma flavimaculatum*

Adult size: Up to about 5 in (13 cm) snout-to-vent; roughly 10 in (25 cm) total length

Average lifespan: 10-15 years

Native range: Southern Mexico through Central America

Habitat and activity: Secretive forest-floor/crevice lizard; activity can occur under cover by day or night

Diet: Varied small cultured invertebrates

Care difficulty: Advanced

Shopping List

- Secure enclosure at least 36 × 18 × 18 in (91 × 46 × 46 cm; L × W × H) for one adult; see Housing for exceptions and group arrangements.
- Digital thermometers for different zones; a suitable hygrometer; timer for a consistent day/night cycle.
- Species-appropriate substrate and multiple stable hides or covered retreats.
- Reliable supply of the staple foods described below, clean feeding tools and a transport container.
- Appropriate overhead heat source if required, controlled by a compatible thermostat; infrared thermometer for surfaces.
- Appropriate visible lighting and, where recommended below, a linear UVB fixture with measured shade and exposure zones.
- Fresh-water dish or cup; insect supplements when applicable; a scale appropriate to the animal's size.

Housing

Our recommended starting adult enclosure is 36 × 18 × 18 in (91 × 46 × 46 cm; L × W × H) for one animal. Larger usable space is encouraged. These dimensions are a husbandry recommendation, not a species-specific experimentally proven threshold.

Provide multiple hides across the warm-to-cool and moist-to-drier gradient, covered travel routes and species-appropriate burrowing or low climbing structure. Fix heavy decor to the floor before adding loose substrate so digging cannot undermine it.

Juveniles may use a furnished adult enclosure when food intake, hydration and waste can be monitored. A temporary grow-out enclosure should still offer choice and cover. Quarantine newcomers separately with dedicated tools and a substrate that permits health monitoring; arrange veterinary assessment for unknown-origin animals.

Lighting & UVB

Provide roughly 10-12 hours of visible daylight followed by darkness. A measured UV Index (UVI) around 0.3-0.7 at the most exposed usable site, declining to near zero inside retreats, is our conservative starting recommendation. Low-level UVB is recommended when a usable gradient can be provided; nocturnal activity alone is not a reason to exclude light.

Measure exposure at the animal's back height with an appropriate UVI meter, such as a Solarmeter 6.5. Lamp percentage, wattage and a fixed distance alone do not establish exposure: reflectors, mesh, perch height, plant growth and lamp age change output. Keep glass/plastic out of the UV path, follow fixture safety instructions and provide complete shade. Replace or reassess lamps according to measured output and manufacturer guidance.

Heating & Temperature

- Warm retreat / local air: 76-80°F (24-27°C).
- Cool-zone air: 70-75°F (21-24°C).
- Nighttime air: 68-72°F (20-22°C) for healthy established animals.

Create the gradient on one side rather than heating every hide to the same temperature. Use a compatible thermostat on each heat source; a manual lamp dimmer does not replace thermostatic protection. Secure the probe and verify temperatures independently: probe thermometers measure air/retreat temperature, while an infrared thermometer measures exposed surfaces.

Use appropriately guarded overhead warmth when needed. Keep animals clear of hot fixtures, avoid heat rocks, and switch visible lights off at night. Night heat is needed only when the room falls below the appropriate range; use a thermostat-controlled lightless source if necessary.

Humidity & Ventilation

60-80% with moist and drier tight retreats. Treat readings as a starting pattern rather than a number to chase regardless of substrate, airflow or animal behavior.

Measure humidity in a representative occupied zone, away from a freshly sprayed surface. Provide sheltered moisture choices while retaining airflow. Persistent condensation, sour odor, flooded soil or surfaces that never dry indicate a setup problem. Ventilation and hydration must be adjusted together rather than simply sealing all vents.

Water & Hydration

Provide a clean, appropriately shallow dish or accessible elevated water cup at all times. Change it daily and immediately when soiled; wash it regularly with dedicated tools. Potable water is generally suitable, with treatment where local water quality requires it.

For animals that drink droplets, mist foliage or suitable surfaces at the time they become active, then allow partial drying. Droplets supplement the dish; water chemistry claims should be based on evidence rather than a species' trade name.

Substrate

A good substrate is a mix of organic topsoil, coco fiber, and a small amount of play sand. A simple blend is 50% organic topsoil, 30% coco fiber, and 20% washed play sand, with clean leaf litter on top.

Do not use soils that contain fertilizer, manure, perlite, vermiculite, pesticide, or wetting agents. These additives can be dangerous if swallowed or if they contaminate the enclosure.

Keep one side of the substrate consistently moist and the other side drier. Cork bark and leaf litter should be placed across the gradient so the lizard can hide in several humidity zones. Feces and contaminated substrate should be removed as noticed, and simple setups should be fully changed every 1-3 months depending on moisture and cleanliness.

Food & Feeding

Yellow-spotted night lizards are strict insectivores, which means that they eat insects and other small invertebrates. They should not be fed fruit, crested gecko diet, baby food, vegetables, or vertebrate prey.

Good feeder insects include small crickets, small roaches, mealworms, waxworms, black soldier fly larvae, bean beetles, fruit flies for newborns, and small soft-bodied larvae. Roaches and worms should be offered in a dish when possible because they may burrow into the substrate.

How often yellow-spotted night lizards need to eat depends on age:

Newborns and juveniles - tiny insects daily or nearly daily

Adults - appropriately sized insects 2x/week

Feed in the evening, and remove uneaten feeders. Prey should be appropriately sized for the lizard and should not be left in large numbers inside the enclosure.

Supplements

Lightly dust appropriate insect meals with calcium and use a balanced reptile multivitamin containing suitable vitamin A according to the product's directions. Gut-loading and variety support nutrition but do not eliminate the need to balance calcium-poor prey.

Match D3 supplementation to the actual UVB exposure and to vitamins already included in other products. UVB does not automatically mean zero dietary D3, and lack of UVB does not justify unlimited D3. Follow one coherent program; do not combine multiple strong vitamin products or coat every feeder heavily.

Decor & Enrichment

Decorations are essential because this species depends on tight, secure hiding places. Cork flats, bark slabs, low hides, leaf litter, moss patches, and low plants are all useful. Heavy rocks should be avoided unless they are firmly secured so they cannot shift and crush the lizard.

The enclosure should be designed around microhabitats rather than open display space. Provide a moist hide, a drier hide, and several tight retreats between them.

Handling & Behavior

Treat this animal primarily as a display species. For transfers, gently guide it into a cup, tube or transport container instead of chasing and grabbing. Keep doors and escape routes controlled before opening the enclosure.

Allow new animals to settle and eat reliably. Avoid restraint by the tail, repeated uncovering or forced interactions. Track normal activity for the individual so changes in feeding, posture or hiding can be recognized.

Cleaning & Routine Maintenance

Daily: check the animal's access to water/appropriate moisture, temperatures, visible condition and equipment. Remove feces, contaminated material, dead feeders and spoiled food promptly.

Regularly: clean dishes and feeding surfaces, check thermostats and probes, inspect decor stability and maintain ventilation. Bioactive systems still require waste checks, food removal, plant care and drainage maintenance; they are not self-cleaning.

Record appetite, activity, shed history and weight or body condition when safe. Arrange veterinary assessment for unexplained changes. Quarantine new animals with dedicated tools, and disinfect only with a suitable product used at the label dilution/contact time, then rinse and dry as required before return.

Cohabitation

Individual housing is the safest routine default. Shared housing can cause food competition, injury or reproductive pressure even without obvious fighting. Never assume a male/female pair or female group is compatible. Breeding introductions belong in a planned specialist program with separate backup enclosures and individual monitoring.

Shedding & Seasonal Changes

Maintain access to a clean humid retreat and inspect toes, tail tip and eyes after shedding when observation is possible. Do not peel retained skin or apply oils/adhesives. Persistent constriction, damaged tissue or repeated failed sheds warrants veterinary help.

Seasonal changes in appetite or activity can occur. Check temperatures, hydration and weight before treating prolonged refusal as normal. Deliberate brumation or breeding cycles require healthy animals and species-specific preparation; pet care does not require forcing a seasonal shutdown.

Reproduction

This species gives birth to live young, and some populations reproduce parthenogenetically. A female may produce offspring without a recent male introduction. Prepare individual covered rearing enclosures and very small prey; verify locality rather than assuming all populations reproduce identically.

Common Health Concerns

- Poor body condition or feeding decline: check the full gradient, hydration and food quality; arrange assessment for persistent refusal accompanied by weight loss.
- Calcium/vitamin imbalance: weakness, tremors, a soft or misshapen jaw or abnormal limbs require veterinary assessment; extra high-dose supplements are not a substitute for diagnosis.
- Skin, shed or injury problems: repeated retained skin, wounds, swelling or abnormal discoloration deserve prompt attention.
- Respiratory or systemic illness: labored/open-mouth breathing at rest, marked lethargy, loss of balance, persistent diarrhea or rapid deterioration require an experienced exotic veterinarian.

- Unknown-origin or wild-caught animals may carry parasites. Fecal testing and veterinary-directed treatment are preferable to indiscriminate preventive medication.